## **NETBALL**

The **first netball** team with coaches Mrs Rich, Ms Wannenburg and Mrs Mac Donald started the netball season with a rather "early in the season" tour on the weekend of 1 – 4 March at Zwartkloof Private Game Reserve, near Bela-Bela.

They had a marvelous experience and learnt from the best coach and team: Dr Elsje Jordaan and Sportisimo. The team, and more specifically the juniors, made use of every opportunity to improve their netball skills. It was an amazing experience of hard work and peace in the Nature Reserve.

The first team managed to win most of their games during the season and we are very sad to say goodbye to six out of the eight players, our matrics, many of whom played for two years in the first team and contributed a lot towards LHS Netball. Thank you and good luck for the future. May God bless you abundantly in every path you take.

Twenty-two netball players made the respective Uthukela teams and went to Durban for the KZN trials. After selection Bongeka Mzinyane, first team captain, was selected for the U/18A KZN team. Well done Bongs, we are super proud of you. You have constantly played your best and this is well-deserved.

Our **junior teams** also had a very successful season during which they developed and learned new skills under the capable coaching of Mrs Hayward and Mrs Mac Donald. Special mention must be made of the U/15A team who has once again completed their season undefeated. Well done girls!

My sincere thanks to every player, from U/14 to the first team for their long, sometimes rainy and windy, hours on the netball field. Our teams always looked good on and off the field and this brings me to our energetic and well-oiled coaching team. Ladies, we are experienced and committed to perform, and each and every team has excelled tremendously throughout the season. Thank you so much for all the extra hours you have put into your teams. I am very proud of our achievements and I know the players and parents appreciate you.

## Mrs K Rich

Coaches

First Team: Mrs K Rich

Second Team: Ms J Conradie U/16A & B: Ms E Wannenburg U/15A & B: Mrs L Hayward

U/14A & B: Mesdames M Mac Donald, T Sader