

ATHLETICS

The 2018 athletics season started with our Interhouse athletics meeting. Bengold and Kinru fought it out for the honour to be the winning house. This year Bengold came out on top.

Trophy winners

Jnr Victrix Ludorum;	Naomi Africa
Jnr Victor Ludorum;	Philemseni Mvemve
Snr Victrix Ludorum;	Carol Makgabo
Snr Victor Ludorum;	Ntando Mazibuko

Our senior athletes attended the KZN Championships and we are very proud to report that our athletes performed exceptionally well. The following athletes were rewarded for their performances:

Half colours: Zinhle Ndlovu (Shotput), Ntando Mazibuko (200 m), Agata Vagnarova (Shotput) and Mpumelelo Zondo (100 m)

Colours: Jadee Mac Donald (Shotput), Uwais Coetzee (Shotput) and Wikus Jacobs (Shotput)

Honours: Bongeka Mzinyane (Shotput)

We wish all our junior athletes the best of luck for the KZN championships in November. Ladysmith High School would like to thank the seniors for their dedication and commitment to excellence in athletics.